

Week two SUMMER				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meat Main Chicken Fajitas Plain Chicken available</p> <p>Vegetarian Main: (V) Peppers & Onions & Bean (V) Vegan Fajita Strips</p> <p>Served with: Mexican Rice (V) Plain White Rice (V) Seasonal Vegetables</p> <p>Alternatives to main: Jacket Potato (V/VE/DG) Cheese (Ve available) Sausages (vegan sausages available) & Baked Beans</p> <p>Salad Bar – Assorted Salads (V/VE) Tuna/Ham/Egg</p> <p>Side: Baguettes, Wholemeal or White bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit Salad Pots, Jelly, Custard Fruit Pots, Yoghurts, Fruit Delight Whip Pots (V/GF)</p> <p>Mid-morning snack Cheese Sticks & Ritz Crackers (GF/DF available)</p>	<p>Meat Main: Beef Bolognaise</p> <p>Vegetarian Main: MAC & CHEESE Vegan + GF Mac & Cheese Available</p> <p>Served with Plain Pasta Seasonal Vegetables Garlic bread GF/DF available</p> <p>Alternative to main: Jacket potato (V/VE/DF) Cheese (Ve available) Sausages (vegan sausages available) & Baked Beans</p> <p>Salad Bar – Assorted Salads (V/VE) Tuna/Ham/Egg</p> <p>Side: Baguettes, Wholemeal or White bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit Salad Pots, Jelly, Custard Fruit Pots, Yoghurts, Fruit Delight Whip Pots (V/GF)</p> <p>Mid-morning snack Rice Crackers & Houmous Dip</p>	<p>Meat Main: Southern Baked Chicken Burger Plain Chicken Available</p> <p>Vegetarian Main: (V) Vegan Chick`n Burger (GF available)</p> <p>Served with: Homemade Diced Roast Potatoes Seasonal Vegetables</p> <p>Alternative to main: Jacket potato (V/VE/DF) Cheese (Ve available) Sausages (vegan sausages available) & Baked Beans</p> <p>Salad Bar – Assorted Salads (v) Tuna/Ham/Egg</p> <p>Side: Baguettes, Wholemeal or White bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit Salad Pots, Jelly, Custard Fruit Pots, Yoghurts, Fruit Delight Whip Pots (V/GF)</p> <p>Mid-morning snack Breadsticks and Cream Cheese (GF DF Available)</p>	<p>Meat Main: Oriental sticky Hoisin Pork strips Plain pork Strips Available</p> <p>Vegetarian Main: (V) Oriental Sticky Hoisin Quorn Mince</p> <p>Served with: Chow Mein Noodles (V) Egg fried rice (V) Plain White Rice(V) Seasonal Vegetables</p> <p>Alternative to main: Jacket Potatoes (V/VE/DF) Cheese (Ve available) Sausages (vegan sausages available) & Baked Beans</p> <p>Salad Bar - Assorted Salads (V/VE) Tuna/Ham/Egg</p> <p>Side: Baguettes, Wholemeal or White bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit Salad Pots, Jelly, Custard Fruit Pots, Yoghurts, Fruit Delight Whip Pots (V/GF)</p> <p>Mid-morning snack Pizza Swirls & Cheese Puff Pastry Swirls (GF DF Swirls Available)</p>	<p>Meat Main: Homemade Sausage Roll (GF DF available)</p> <p>Vegetarian Main: Vegan Plant Based or Quorn sausage Roll</p> <p>Served with: Home Made Skin on chips (V) Seasonal Vegetables (V)</p> <p>Alternative to main: Jacket potato (V/VE/DF) Cheese (Ve available) Sausages (vegan sausages available) & Baked Beans</p> <p>Salad Bar - Assorted Salads (V/VE) Tuna/Ham/Egg/Smoked Mackerel Fillets</p> <p>Side: Baguettes, Wholemeal or White bread roll Gluten free wraps available (V/VE)</p> <p>Dessert: Fresh fruit Salad Pots, Jelly, Custard Fruit Pots, Yoghurts, Fruit Delight Whip Pots (V/GF)</p> <p>Mid-morning snack Chocolate drizzle Flapjacks (GF/DF Available)</p>

Dairy and gluten free alternatives will be available daily

GF – Gluten Free V – Vegetarian Ve – Vegan